



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangadharMahavidyalaya.ac.in

REPORT ON

Mentor & Mentee

2022-2023



Department of Physical Education

*The Mugberia Gangadhar Mahavidyalaya
Bhupatinagar, Purba Medinipur, West Bengal, 721425*

26th July, 2023

Department of Physical Education Mentor-Mentee Programme.

Mentor-Mentee Cell (Formerly known as Tutor-Ward Club) is founded by Mughesri Gangadhar Mahavidyalaya, Bhupatinagar, and Department of Physical Education with a vision to extend support and guidance to the students studying in the college for the betterment of their academic and professional career and thereby contribute towards nation building. It is very effective system that is aimed to narrow down the gap between the mentee and the mentor and thereby the society in general. The students may come across difficulties during the degree programmes and have to face academic and adjustment challenges. To cope up with such problems and to enable them to excel in academics and profession as per their potential, a Mentor-Mentee programme for the students of the institution has been developed.

We are providing counseling to the students through personal attention and regular dialogues during their stay on campus, on telephone and by paying personal visits to the houses of the mentees allotted to the teachers concerned as the Mentor. We have been providing them tips on studies personal counseling, guidance regarding career choices, to get success in the university examinations. We have also been supporting the mentees in the form of precise content on courses, fees, reviews, college.

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We are providing counseling to the students through personal attention and regular dialogues during their stay on campus, on telephone and by paying personal visits to the houses of the mentees allotted to the teachers concerned as the Mentor. We have been providing them tips on studies, personal counseling, guidance regarding career choices, to get success in the university examinations. We have also been supporting the mentees in the form of precise content on courses, fees, reviews, college.

Program Details :

- Mentees shall be assigned to the mentors right from the first year of the programme.
- A mentor shall not have more than 20 mentees at a time.
- The mentees preferably be attached to the same mentor for the entire duration of the programme.
- The mentor shall meet the mentees regularly and record the outcome of the meeting in the hard copy. The details about each mentee will be recorded and periodically updated.
- The mentor shall identify the students performing exceptionally well in curricular or co-curricular activities and report to the head of the institution/department for providing further motivation to advanced/gifted learners.
- The mentor shall also identify the students whose performance/attendance is below par. The mentor shall interact with the student and try to find out the cause of the problem or an indifferent behavior. If required the mentor will involve the parents, head of the department for reforming the student.
- Attendance : The mentor shall observe and monitor the attendance of the mentee. He/she shall advise and take necessary follow up action if it does not meet the

attendance norms of the college.

- Academic Matters: The mentor shall also keep a track of the academic performance of mentees including continuous assessment, term and examination and help the mentee through counseling or by arranging remedial teaching, if necessary.
- Behavioral and discipline matters.
- Health and physical well being.
- Achievements, talents and co-curricular activities.
- Stress related issues.

Duties/Responsibilities of Mentor :-

- a. Introduce and discuss the concept of mentor-mentee system with the assigned mentees.
- b. Call a meeting of all mentees and record their necessary details in the designated form, note any specific requirement of students and discuss with them the complete schedule of future meetings.
- c. Keep a track of the attendance, academic performance and behavioral aspects of the students by interacting with exam department and the hostel authorities etc.

- d. Support students academically and emotionally.
- e. Contact parents to inform the progress of their ward, whenever required and visit the houses of mentees at least twice in the year.
- f. Maintain a record of the progress made by the identified underperforming students and take remedial actions wherever required.
- g. To guide students and also to arrange for remedial teaching if required.

Duties/Responsibilities of Mentee:

1. Attend meeting regularly.
2. Fill personal information in the form at the time of joining the mentor-mentee system.
3. Provide details of attendance, continuous assessment, term end examination, Co-curricular,
4. extra-curricular activities.
5. Repose confidence in the m
6. Provide all the necessary d.
7. academic advancement
8. Performance Records, docu
9. Identify special goals that you want to achieve and discuss it clearly with your mentor.

10. I seek information regarding resources that you need from various sources.
11. Conduct Peer Mentoring to help your mentor.
12. Have a positive attitude.
13. Accept feedback respectfully & cordially & discuss future course of action.
14. Attend mentor meetings regularly & punctually.
15. Provide feedback and communicate healthy developments in you.

Characteristics of a good Student Mentor:

- i. A good student mentor is someone who engages in a positive relationship with the student.
- ii. and gives them attention.
- iii. The mentor needs to have positive self-esteem, react well to stressful situations and tolerate.
- iv. frustrating situations.
- v. They need to listen well and communicate on a level that the student can understand and not.

vi. be judgmental.

vii. The mentor needs to provide leadership and guidance and be a positive role model, nurturing.

viii. a relationship that respects the student's dignity.

ix. The mentor must always show up on time for sessions, be committed and accept their

x. responsibilities.

xi. A good mentor will reinforce the student's successes and challenge them to do better and be

xii. willing to give them a fresh start if there are any lapses.

xiii. They will not break the trust they have established.

Benefits of a Student Mentoring Program:

A. Students benefit by receiving the support and guidance of a caring adult or supportive peers

B. and also receiving assistance with their academic studies.

C. ● Students will experience greater self-esteem and be motivated to succeed.

D. ● They will experience greater self-esteem and be motivated to succeed.

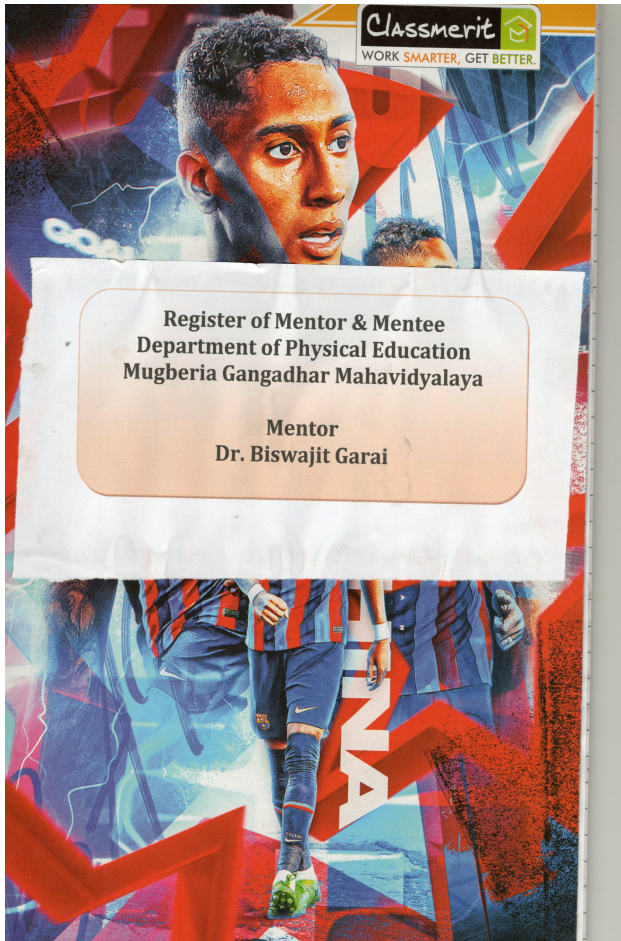
E. They will also receive encouragement to stay in education and progress to further and/or higher education and receive assistance in choosing a career path.

F. ● The Mentees will be encouraged to avoid the use of drugs and alcohol.

G. ● Student will also improve interpersonal relationships, such as with Institute, the teaching staff.

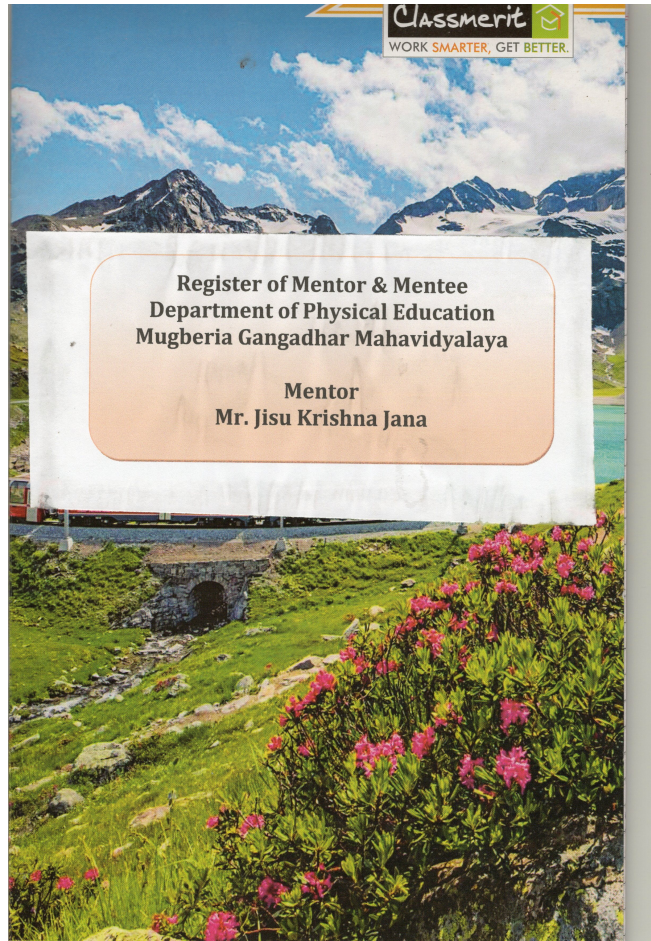
H. and the Student's family.

I. ● Mentoring enhances the skills of staff and students, improves student attendance and increases student retention.



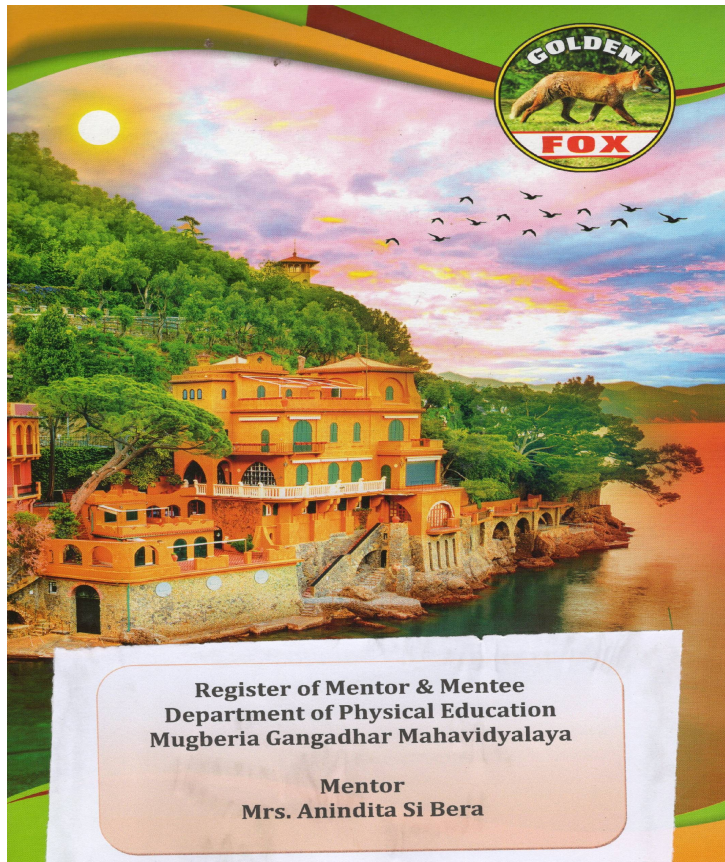
**Register of Mentor & Mentee
Department of Physical Education
Mugberia Gangadhar Mahavidyalaya**

**Mentor
Dr. Biswajit Garai**



**Register of Mentor & Mentee
Department of Physical Education
Mugberia Gangadhar Mahavidyalaya**

**Mentor
Mr. Jisu Krishna Jana**



**Register of Mentor & Mentee
Department of Physical Education
Mugberia Gangadhar Mahavidyalaya**

**Mentor
Mrs. Anindita Si Bera**

**LIST OF MENTEE
SAMPLE COPY**

List of Mentee for the session 2022-2023

Sl No.	Name of Students	Semester	Name of Mentor
1	Arpan Paria	Sem-I	B.G
2	Bani Manna	Sem-I	B.G
3	Goutam Chandra Prddhan	Sem-I	B.G
4	Maya Maity	Sem-I	B.G
5	Moumita Shit	Sem-I	B.G
6	Prasanta Mandal	Sem-I	B.G
7	Rachana Maity	Sem-I	B.G
8	Sangha Mitra Guria	Sem-I	B.G
9	Sayandip Bhunia	Sem-I	B.G
10	Sharmistha Maity	Sem-I	B.G
11	Soumyadip Mandal	Sem-I	B.G
12	Subhadip Shit	Sem-I	B.G
13	Astami Sahoo	Sem-I	B.G
14	Rajesh Mandal	Sem-I	B.G
15	surajit rana	Sem-I	B.G
16	Rkesh mondal	Sem-I	B.G
17	Soumyadeep Acharya	Sem-I	B.G
18	Pratima jana	Sem-I	B.G
19	Sankari das	Sem-I	B.G
20	Sathi pal	Sem-I	B.G
21	sunita das	Sem-I	B.G
22	Sanjoy samanta	Sem-I	B.G
23	Piu barman	Sem-I	B.G
24	Sukalyan pramanik	Sem-I	B.G
25	suryasekhar das	Sem-I	B.G
26	Madhumangal maity	Sem-I	B.G
27	Susanta santra	Sem-I	B.G
28	Rinki mashesh	Sem-I	B.G
29	Gopal shee	Sem-I	B.G
30	Rajat das adhikari	Sem-I	B.G
31	Trisha mondal	Sem-I	B.G
32	Akash gurai	Sem-I	B.G
33	PRINCE DAS	Sem-III	B.G
34	SHUVENDU SANTRA	Sem-III	B.G
35	ASIM BHUNIA	Sem-III	B.G
36	SAMPAD KUMAR MAJI	Sem-III	B.G
37	ABHIJIT MANNA	Sem-III	B.G
38	BARUN MANDAL	Sem-III	B.G
39	IKRAM ALI KHAN	Sem-III	B.G
40	MOM PATRA	Sem-III	B.G
41	RAJESH SAHOO	Sem-III	B.G
42	SANCHITA GIRI	Sem-III	B.G
43	SOUVIK MAITY	Sem-III	B.G
44	SUJATA BERA	Sem-III	B.G
45	SUSOVAN MANDAL	Sem-III	B.G

46	PRABIR DAS	Sem-III	B.G
47	AKASHDIP JANA	Sem-V	B.G
48	KIRANMOY DAS	Sem-V	B.G
49	SANTANU DAŞ	Sem-V	B.G
50	SUSHAMITA OJHA	Sem-V	B.G
51	ANURIMA PARIA	Sem-V	B.G
52	SAHELI PARIA	Sem-V	B.G
53	ARGHYA SANTRA	Sem-V	B.G
54	ASIM BARMAN	Sem-V	B.G
55	DEBAJYOTI MAITY	Sem-V	B.G
56	JAYASREE BERA	Sem-V	B.G
57	PIU SAMANTA	Sem-V	B.G
58	RAMA SASMAL	Sem-V	B.G
59	RITI DAS	Sem-V	B.G
60	SAMIRAN PRADHAN	Sem-V	B.G
61	SIBSANKAR MONDAL	Sem-V	B.G
62	SUBHANKAR DOLAI	Sem-V	B.G
63	SUDIPTA GHORAI	Sem-V	B.G
64	TANUSHREE PAL	Sem-V	B.G
65	LIPIKA BAYERD	Sem-V	B.G
66	MIR SAJAHAN ALI	Sem-V	B.G

List of Mentee for the session 2022-2023

Sl No.	Name of Students	Semester	Name of Mentor
1	Animesh Barik	Sem-I	JKJ
2	Arpita Pal	Sem-I	JKJ
3	Barnali Pramanik	Sem-I	JKJ
4	Kartik Das	Sem-I	JKJ
5	Mohan Jana	Sem-I	JKJ
6	Poulami Patra	Sem-I	JKJ
7	Purna Chandra Pradhan	Sem-I	JKJ
8	Ramprasad Das	Sem-I	JKJ
9	Santu Chakraborty	Sem-I	JKJ
10	Sayani Pramanik	Sem-I	JKJ
11	Sima Bhunia	Sem-I	JKJ
12	Sourav Barman	Sem-I	JKJ
13	Supriya Panda	Sem-I	JKJ
14	Krishana Bera	Sem-I	JKJ
15	subhasish barman	Sem-I	JKJ
16	brendrakishore bera	Sem-I	JKJ
17	Debrata maity	Sem-I	JKJ
18	Vivekanada das	Sem-I	JKJ
19	Sharmistha giri	Sem-I	JKJ
20	Moumita shit	Sem-I	JKJ
21	Suchitra maity	Sem-I	JKJ
22	Subhajit bhunia	Sem-I	JKJ
23	Sayan barik	Sem-I	JKJ
24	Susmita shina	Sem-I	JKJ
25	Samir kar	Sem-I	JKJ
26	Kamalesh mallik	Sem-I	JKJ
27	pabitra barman	Sem-I	JKJ
28	Apurba barman	Sem-I	JKJ
29	Sourav jana	Sem-I	JKJ
30	Salema khatun	Sem-I	JKJ
31	Soumen GHORAI	Sem-I	JKJ
32	Monaj roychowdhury	Sem-I	JKJ
33	Shyam charan das	Sem-I	JKJ
34	PRAMIT CHANDRA	Sem-III	JKJ
35	SAIKAT PRAMANIK	Sem-III	JKJ
36	ANKUR GIRI	Sem-III	JKJ
37	BIJOY KARMAKAR	Sem-III	JKJ
38	SIBSUNDAR DAS	Sem-III	JKJ
39	ANUSHREE SAMANTA	Sem-III	JKJ
40	DONA KHATUA	Sem-III	JKJ
41	MANISHIKHA JANA	Sem-III	JKJ
42	PAPAI BAR	Sem-III	JKJ
43	SANANDA MONDAL	Sem-III	JKJ
44	SOURAV MONDAL	Sem-III	JKJ
45	SUBHAJIT JANA	Sem-III	JKJ

46	SUPRIYA MANDAL	Sem-III	JKJ
47	DURGA KAMILA	Sem-III	JKJ
48	DIPANKAR GIRI	Sem-V	JKJ
49	SANGITA JANA	Sem-V	JKJ
50	SOUMEN DHAL	Sem-V	JKJ
51	TANUSHREE PATRA	Sem-V	JKJ
52	PRITILATA PANDA	Sem-V	JKJ
53	ANKITA MIDYA	Sem-V	JKJ
54	ARUP PRAMANIK	Sem-V	JKJ
55	CHHATU GARU	Sem-V	JKJ
56	JASHODA SAHOO	Sem-V	JKJ
57	NABARANJAN MAITI	Sem-V	JKJ
58	RAJESH MANDAL	Sem-V	JKJ
59	RANJAN DASMAHAPATRA	Sem-V	JKJ
60	RUMPA MAHAPATRA	Sem-V	JKJ
61	SHAMBA JANA	Sem-V	JKJ
62	SRIMATI MAITY	Sem-V	JKJ
63	SUCHARITA GIRI	Sem-V	JKJ
64	SWARNALI BHATTACHARYA	Sem-V	JKJ
65	AYAN MAITY	Sem-V	JKJ
66	SUBRATA DAS	Sem-V	JKJ

List of Mentee for the session 2022-2023

Sl No.	Name of Students	Semester	Name of Mentor
1	Anirban Karan	Sem-I	ASI
2	Arup Kumar Majhi	Sem-I	ASI
3	Durgapada Mandal	Sem-I	ASI
4	Mahadeb Jana	Sem-I	ASI
5	Moumita Jana	Sem-I	ASI
6	Pradip Das	Sem-I	ASI
7	Puspita Mishra	Sem-I	ASI
8	Sagar Maity	Sem-I	ASI
9	Sathi Das	Sem-I	ASI
10	Saikat Maity	Sem-I	ASI
11	Soubhagya Paik	Sem-I	ASI
12	Souvik Pramanik	Sem-I	ASI
13	Sumana Maity	Sem-I	ASI
14	Suryankanta Barman	Sem-I	ASI
15	sandip pal	Sem-I	ASI
16	Biswajit das	Sem-I	ASI
17	Ranjit jana	Sem-I	ASI
18	Tridip roychoudury	Sem-I	ASI
19	Mitali manna	Sem-I	ASI
20	Sangita bera	Sem-I	ASI
21	Madushree jana	Sem-I	ASI
22	Sudip hazra	Sem-I	ASI
23	Shiuli mondal	Sem-I	ASI
24	Susmita bar	Sem-I	ASI
25	Suryankanta mallik	Sem-I	ASI
26	kenaram giri	Sem-I	ASI
27	prasenjit bera	Sem-I	ASI
28	Alok barman	Sem-I	ASI
29	Sayan sahuo	Sem-I	ASI
30	Sathi rana	Sem-I	ASI
31	Rita ghorai	Sem-I	ASI
32	Arpan adak	Sem-I	ASI
33	Manas gurai	Sem-I	ASI
34	BISWAPRATIM PATRA	Sem-III	ASI
35	RAJKUMAR MAITY	Sem-III	ASI
36	SUBHANKAR BHUNIA	Sem-III	ASI
37	AYAN MANNA	Sem-III	ASI
38	SANJIB JANA	Sem-III	ASI
39	AKASH SAMANTA	Sem-III	ASI
40	DIPALI PAHARI	Sem-III	ASI
41	MALLIKA BHUNIA	Sem-III	ASI
42	NAMITA BARIK	Sem-III	ASI
43	RINKU DAS	Sem-III	ASI
44	SOUMYAJIT GIRI	Sem-III	ASI
45	SOVAN DOLAI	Sem-III	ASI

46	SUMAN DHALI	Sem-III	ASI
47	TANIMA JANA	Sem-III	ASI
48	RADHAMADHAB DAS ADHIKARI	Sem-III	ASI
49	DEBABRATA MAITY	Sem-V	ASI
50	SAIKAT BARAI	Sem-V	ASI
51	SAYANTAN DAS	Sem-V	ASI
52	TANMAY MISHRA	Sem-V	ASI
53	ARINDAM MANNA	Sem-V	ASI
54	SUVADIP SAU	Sem-V	ASI
55	ARPITA KOTAL	Sem-V	ASI
56	CHAITANYA JANA	Sem-V	ASI
57	DEBGOPAL BERA	Sem-V	ASI
58	MANISHA ADAK	Sem-V	ASI
59	PRATIVA GIRI	Sem-V	ASI
60	RANITA DAS	Sem-V	ASI
61	RITTICK PAHARI	Sem-V	ASI
62	SANDEEP KUMAR JANA	Sem-V	ASI
63	SOURAV JANA	Sem-V	ASI
64	SUBHANKAR SAMANTA	Sem-V	ASI
65	SUMAN MAITY	Sem-V	ASI
66	TANUSREE DOLAI	Sem-V	ASI
67	LOKNATH ADHIKARI	Sem-V	ASI

NOTICE



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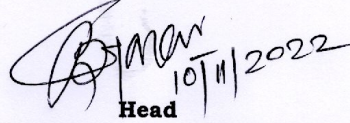
E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Ref. No.-MGM/PE /N/13/2022-2023

Date:- 10/11/2022

Notice

*A meeting will be held on 17th November, 2022 at 12:00 pm at Room No-206, regarding Mentor & Mentee programme. All Mentor & Mentee Department of Physical Education are requested to attend the said meeting.


10/11/2022

Head

**Department of Physical Education
Mugberia Gangadhar Mahavidyalaya**

MENTEE FORM
SAMPLE COPY



MUGBERIA GANGADHAR MAHAVIDYALAYA

ESTD.-1964

P.O.- BHUPATINAGAR Dist.- PURBA MEDINIPUR

S.T.D. Code - 03220 Ph. No. - 270236 Pin.-721425 (W.B.)

DEPARTMENT OF PHYSICAL EDUCATION

INFORMATION ABOUT STUDENT FOR MENTOR MENTEE PROGRAMME 2022-2023

1. Name of the Student Mr. / Ms. : Gobol Snee
2. Date of Birth : 23/11/2003
3. Blood Group : O+
4. Semester : First
5. Roll No (College) : 1002
6. Aadhaar No : 219939633569
7. Email. Id :
8. Students Whats app No. : 9083300717
9. Name of the Father : Nalokanta Snee
10. Father's Education : ~~Farmer~~ 9 Pass
11. Occupation of Father : Farmer
12. Name of the Mother : Laxmi Snee
13. Mother's Education : 8 Pass
14. Occupation of mother : Cooking
15. Contact Number of Parent : 9679291839
16. Permanent Address : Vill.: Mongal Chok ita bha
P.S.: Pota S Puh Dist. Purba Medinipur
Pin.: 721436
17. Mobile Number : 9083300717
18. Parents Monthly Income : ₹ 5000
 - i. Father :
 - ii. Mother :
19. Number of Brother : 1
20. Number of Sister :
(Whether studying in the same College Yes /No)



Signature of the Mentor

Signature of the Head,
Dept. Of Physical Education
Mugberia Gangadhar Mahavidyalaya



MUGBERIA GANGADHAR MAHAVIDYALAYA

ESTD.-1964

P.O.- BHUPATINAGAR Dist.- PURBA MEDINIPUR

S.T.D. Code - 03220 Ph. No. - 270236 Pin.-721425 (W.B.)

DEPARTMENT OF PHYSICAL EDUCATION

INFORMATION ABOUT STUDENT FOR MENTOR MENTEE PROGRAMME 2022-2023

1. Name of the Student Mr. / Ms. : Rajesh Mandal
2. Date of Birth : 19th January 2003
3. Blood Group : B+
4. Semester : 6th
5. Roll No (College) : 1266
6. Aadhaar No : 6596 7301 5860
7. Email. Id : rajeshmandal8202@gmail.com
8. Students Whats app No. : 9749606204
9. Name of the Father : Subrata Mandal
10. Father's Education : 8th pass
11. Occupation of Father : Driver
12. Name of the Mother : Dolan Mandal
13. Mother's Education : 8th pass
14. Occupation of mother : House wife
15. Contact Number of Parent : 9733826275
16. Permanent Address : Vill.: Thakya Nagar P.O. Thakya Nagar
P.S.: Khajuria Dist. East medinipur
Pin.: 721420
17. Mobile Number : 9749606204
18. Parents Monthly Income :
 - i. Father : 5000+
 - ii. Mother : 0000+
19. Number of Brother : one
20. Number of Sister :
(Whether studying in the same College Yes /No)



Jibun Kumar Jang

Signature of the Mentor

Baner

Signature of the Head,
Dept. Of Physical Education
Mugberia Gangadhar Mahavidyalaya



MUGBERIA GANGADHAR MAHAVIDYALAYA


ESTD.-1964

P.O.- BHUPATINAGAR Dist.- PURBA MEDINIPUR

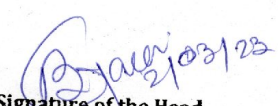
S.T.D. Code - 03220 Ph. No. - 270236 Pin.-721425 (W.B.)

DEPARTMENT OF PHYSICAL EDUCATION

INFORMATION ABOUT STUDENT FOR MENTOR MENTEE PROGRAMME 2022-2023

- | | | | |
|--|---|--------------------------------------|---|
| 1. Name of the Student Mr. / Ms. | : | Mitali Monna |  |
| 2. Date of Birth | : | 19/11/2004 | |
| 3. Blood Group | : | O+ | |
| 4. Semester | : | 1st | |
| 5. Roll No (College) | : | 1052 | |
| 6. Aadhaar No | : | 85 1164954052 | |
| 7. Email. Id | : | | |
| 8. Students Whats app No. | : | 7810959539 | |
| 9. Name of the Father | : | Rodhoshyam Monna | |
| 10. Father's Education | : | 10 | |
| 11. Occupation of Father | : | Farmer | |
| 12. Name of the Mother | : | Pradhati Monna | |
| 13. Mother's Education | : | 9th | |
| 14. Occupation of mother | : | House wife | |
| 15. Contact Number of Parent | : | 8250899768 | |
| 16. Permanent Address | : | Vill.: Chakrasul P.O. Lalua | |
| | | P.S.: Palashpur Dist. Purbamedinipur | |
| | | Pin.: 721456 | |
| 17. Mobile Number | : | 7810959539 | |
| 18. Parents Monthly Income | : | | |
| i. Father | : | | |
| ii. Mother | : | 40,000 | |
| 19. Number of Brother | : | | |
| 20. Number of Sister | : | | |
| (Whether studying in the same College Yes /No) | : | | |

Amindita si Bera
Signature of the Mentor 02.03.23


Signature of the Head,
Dept. Of Physical Education
Mugberia Gangadhar Mahavidyalaya